

# **Artrageous 2023 Course Details**

#### 1. Khojo Tou Janein – Rediscovering Reality

Who said curiosity killed the cat? Certainly not us! 'Khojo Tou Janein' encourages you to put your thinking hat on, unleash your creativity and ask us all the burning questions that keep you up at night!

Have you heard your parents talk about climate change and wondered what the big deal is? Do you hate plastic pollution because it harms sea turtles, or do you want to know how fast fashion is destroying the Earth? Maybe you are interested in learning more about leopards, markhors, river dolphins and other amazing wild animals that are native to Pakistan's mountains, rivers and forests? Most importantly, do you want to grow up to be cool and responsible adults that work to protect animals, plants, oceans and forests? If so, do you want to know how you can play your part in saving the planet? (Maybe we can also draw your superhero costume in one of the classes!)

If you answered yes to any of the questions above, then this course is perfect for you! Trust us, this will not just be another boring geography lesson. Together, we will explore the wonders of the natural world and use a range of art materials to draw, paint and express our hopes and fears for the planet. From protecting bees and polar bears to healthy eating and responsible fashion, we will cover it all and use our art to spread awareness and inspire others. It's 2023 and it's cool to be kind and climate-conscious!

At 'Khojo Tou Janein', we believe that the children of today are the climate activists of tomorrow and art is a fun and powerful tool to understand the world around us and imagine a beautiful alternative future for the inhabitants of Planet Earth! Let's use our art to change the world, one Artrageous art class at a time.

And you may be wondering who will be facilitating this course? Well, Ayman Babar is a young development professional and a firebrand activist and resarcher. She will be bringing her creative and rebellious colleagues to make the mind conscious of what we eat, breathe, and drink literally and figuratively.

#### 2. All About Drawing

Very often, art teachers ask you to see everything in shapes – a face is an oval, nose a triangle. Try as you might, you can't seem to do that. This and all such useful but abstract instructions have led to the design of this unique drawing course. This course will make drawing more than a dull set of instructions or still-life practice on plain paper. Learn to bring out shadows, shapes and forms, so real that you can feel and touch them. You will be using a lot of different mediums such as cloth and paper to get the gist of drawing.

We promise that these 10 days will shed all the misgivings and negative encounters you may have had in the past – your experience will be transformed into an interesting one with a mix of portraiture, life drawing, observation, doodling and lots of free drawing exercises.

This will be taught by our very experienced faculty member Khalid Anwer. He is an artist par excellence with a wealth of experience. But his best quality is that he makes drawing simple and relatable – you can't have a better instructor than him!

# 3. Acrylics & Mixed Media

Colour outside the line and experiment with everything is the mantra of our Instructor, Khushbu Shaukat. Without any fear of right or wrong, ugly or beautiful, you will be playing with wet and dry media to create your own, individual art. The use of acrylics, dry pastels, charcoal, pen and ink along with basics of drawing, techniques of mixing colour palettes, and step-by-step guidelines for painting will be covered in the course. 10 projects in 10 classes, all to be showcased at the end of Artrageous – if you are up for the challenge, enroll now!

Umaina Khan, a visual artist and alumna of IVS with her specialization in Fine Art, will step in for Khushbu in May. Umaina can't have enough of the acrylics medium and does phenomenal work with it.

## 4. Wonderous Watercolours

Are you scared of using watercolours? Get confused about how much water to mix? Put a lot of colour and can never do shading? Well, all your troubles end now as you are set to explore the wonders of watercolour media. Use it in a fluid transparent way or give a sheen and opacity to acrylics, apply the common techniques with a salt sprinkle and coffee spill, or do a dry brush technique - our instructors, Arif Ansari, a professional watercolourist, Sana Naqvi and Ali Abrar are going to teach you all. One thing is guaranteed, you will fall in love with the medium of Watercolours and your instructors; not to mention you will make your art which you can showcase and even sell on the last day of your Artrageous course.

# 5. Upcycled Crafts: Fantasy themed Projects

Farida Ali Akbar, the ace upcycling guru is ready to take your children on a journey of reusing, inventing new uses of old things and becoming mindful of the environment. All this while having tons of fun in making sea monster fossils, dragon eggs and if there is time, a treasure map too. She will foster the love for upcycling in an exciting, interactive and creative 10 hours with eve! So begin collecting empty cartons, used newspapers, and clothing items as you'll be needing them all.

#### 6. Nazmein aur Kahaniyan Likhein

We don't mean to generalize but how Urdu is taught in schools and considered in households is not very flattering or interesting! We often hear young adults say "My Urdu is not very good." Here, we won't dwell on what neurolinguistic research says about the role of the mother-tongue in human development, but we will change both your perception and experience of Urdu expression.

It is a privilege for IVS-CEP that Amra Alam, the celebrated children storybook writer who has published over 100 books with Oxford University Press and the Bookgroup, is going to facilitate this course. Her penchant for storytelling, character development, sound and intonation will also be shared through interactive, creative and doable group and individual activities. Join Amra to kill the ghosts of Urdu grammar and sentence construction that have hounded you. Write your own poems, songs, stories, riddles, and sketches using everyday scenes, sights, sounds and characters.

We strongly encourage every parent who thinks their kid is not interested in Urdu reading or writing, to give this course a shot. Imbibing the love for Urdu expression is what we promise as a deliverable!

# 7. Writing & Publishing Creatively

Have you ever thought why all fairytales end in a "happily ever after" and badly wanted to change the ending? If your answer is yes, you will love this course. Creative writing is all about using your imagination and sharing your viewpoint in a way that is uniquely yours. Explore different genres of writing and choose one of your liking – a poem, essay, song or playwriting along with the concepts of plot development, character sketching, using symbols and metaphors, and understanding the core concepts of character and plot development. The experience is made fun and quirky with creative prompts and writing exercises.

We will have Ambreen Saleh, Sobia Haleem and Ambreen Moosa as our instructors for different rounds. Ambreen Saleh is currently working as a consultant for the Karachi Biennale Trust. Ambreen thoroughly enjoys creative writing - she has authored the book "The Journey" and published a story in Habib University's Arzu Anthology of Literature III.

Sobia Haleem teaches at Karachi Grammar School – Literature and all things related to creative writing to O and A-level students. She is seen as an asset to the school and the Department of English. Ambreen Moosa has been part of the Artrageous team for many years and is adored by every kid in her creative writing course. She teaches at Nixor College and also runs online creative writing courses.

# 8. Origami & Clay Modelling

Using your hands to create things has healing powers. Clay as a medium doubles it as it connects you with the soil. Come and join this course, let go of your anxieties and stresses whether they are about exams, grades, a friend not talking, dieting or styling.

Learn to make things using clay modelling and also paper origami from Nabeel Majeed Sheikh, a very creative artist. It will be a very calming and constructive 10 hours where you will learn the skills of using clay but at the same time, engage in thought-provoking interaction about your own artistic inclinations and inspirations.

Younger kids (age 8-11) are also encouraged to join the course. They will certainly enjoy making things like birds, pots, butterflies, and other animals, from clay and origami.

# 9. Artistic Calligraphy

Calligraphy literally means the art of beautiful lettering. It is connected with Islamic Art and Architecture, where the walls and ceilings are adorned with Quranic verses. In South Asia, Persian influence and script, Nastaaliiq, is instantly relatable and practised. However, there are many more forms and scripts. The art of calligraphy is dying down as writing by hand is not seen as a need or want. Recently, there is an interest spiked in Islamic Art and Calligraphy albeit on a limited scale.

We are introducing Artistic Calligraphy in Artrageous 2023 to interest children in exploring the art form, imbibe some love for it so they may want to pursue learning it as a hobby, passion or pastime. Our instructor, Sameen Arif, has studied Islamic Art and Geometry at the Department of Visual Studies, Karachi University and is a protégé of M. Kashif Khan, the renowned calligrapher and illumination artist. Sameen has designed a course where she will introduce Kufic calligraphy and alphabets. Children will choose what they want to write and Sameen will help them convert into Kufic art lettering. A fully engaging, collaborative and creative 10 hours, which will conclude with each child's unique art project.

#### 10. Music & Rhythm

Begin at the beginning - learn about keys, strings and chords, scales, pitch and all the basics of music in this sing-along tutorial. If you have always wanted to sing and never had the confidence to try, this is your chance to try out in a safe space with guidance from two contemporary musicians. Towards the end, you will get to work on a cover of your favourite song and should you feel up to it, perform to a packed audience of young adults and the IVS community.

## 11. Photography and Light painting

Often you think that photography is all about capturing the scenes around you, although it is an equally powerful medium of creative expression. With camera phones and DSLR, everyone seems to think they are good photographers without learning the basics. What is a good photograph? Do you choose to capture the moment or make sure it is clear? This course introduces you to the basics of light, composition, focus, frame, exposure, and above all concept and intent of taking photographs. With lots of activity around the campus, our instructor, Imraam Sheraz will give you hands-on practice in photography, the use of flash, how to play with light and shadows, and framing to capture artistic images and express creativity.

Light painting is a fun technique where you use moving light to create images. It is like painting graffiti with light and capturing it with camera. With all the practice of photography, light painting will be interspersed making it a fun-fulfilling experience!

It will be good if you can bring your own mobile phone or DSLR camera for this course.

# 12. Confidence Building through Public Speaking

Do you admire your peers who speak up in every class or school event and think you can never have that kind of confidence? Do you shy away for social events or can't bring yourself to strike up a conversation on your own? Are you often the silent observer and never an active contributor? You aren't alone, and neither is this situation irredeemable. Buck up and join this course – boost your self-confidence, overcome your fear of public speaking and communicate without hesitation.

Afreen Sehar is IVS's permanent faculty, teaching in the Liberal Arts programme. She has a BA in Theatre and Acting and a Master's degree in Mass Communication. More importantly, she thrives on human interaction and has been involved in life coaching and mentoring for over a decade. With a full repertoire of activities, tips and techniques for confidence building, speaking, talking about yourself and your interests, and responding to odd, general and personal questions. Our instructor will ensure you are comfortable talking to anyone about anything, in small groups or on the stage.

#### 13. Theatre & Acting

Explore your talent for acting through experiential learning. Here you will learn about acting techniques, voice projection, movement, expression and improvisation. The course will help you enhance your confidence to engage an audience and chisel your potential for artistic performance.

We will have two Instructors, Afreen Sehar will be offering this course in Round 1 and Round 2 and our very own, Atif Badar, will be leading the course in June and July. Atif Badar is no stranger to youth and upcoming artists as he has been teaching theatre, movement, dramatic expression and acting for over two decades. He will not only help each participant identify their own strength and style, but will also facilitate in putting together a performance enacted by course participants. With all the Artrageous participants and parents as their audience, the group will do a finale performance and enjoy the excitement of a live audience and its appreciation!

# 14. Cartooning & Character Designing

Delve into the world of imagination, conceptualization and expressions through cartoons and character designing. You will learn how simple lines and shapes can communicate the most powerful messages. Choose anything you want and we will help you speak the language of cartoons. Our instructor, Umaina Khan, an alumna of IVS (Fine Art) and a Visual Artist is going to help you think, design, illustrate and make your own book which could be in the form a comic strip, picture book or one with text and illustrations both. This will be a hands-on creative experience that you would not want to miss!

#### **15. Cartoon Animation & Graphics**

Are you interested in animated movies, comics and graphic novels? Ever wanted to make your drawings move with sound effects?

This course will help you create your animated cartoon objects, cartoon strips or novels. You will create a storyboard with your choice of characters and then use layers, effects, motion display, framing, and other techniques, work on the graphics design and animation of it.

In the process, you will learn about creative visualization and storytelling along with the key software used for animation. Our instructor, Sikander Ali, has a wide range of experience of teaching children as well as working in media houses like Geo, where he'd worked on motion graphics extensively.

#### 16. Contemporary Dance & Movement

Dance and movement are one of the most neglected aspects of performing arts in our country, rarely taught in formative years. Yet, it is something rooted in culture and civilization whether you look at folk traditions or geographic regions. We are happy to offer a Contemporary Dance and Movement in Artrageous 2023. It will be offered by Syed Vajdaan Ali Shah who is a Theatre Arts graduate of the National Academy of Performing Arts,Karachi, and a trained contemporary dancer from Leggere Strutture's Art Factory International, Bologna, Italy. His performances are inspired from poetry infused with contemporary dance. His artistic pursuits have led him to produce immersive theatre, create an experimental instrumental music videos inspired from Sufi reflections and choreograph movement-based work. He is a visiting faculty member at NAPA and Arts Council of Pakistan.

#### 17. Embroidery Made Fun

What comes to your mind when you listen to the word "Embroidery"? We bet it would be either a flower or some kind of clothes! We want to go the unconventional way – how about embroidering a canvas with your favourite cartoon character or your best friend's picture? Will you be excited to

embroider your own wall clock or make animals and shapes using blanket stitches and French knots?

Our very own crafts guru, Johnson bhai, will teach the basic embroidery stitches with input from IVS instructors on colour selection and design. This should be a fun-filled exposure to thread and needlework.

#### 18. Faces and Portrait

Drawing a portrait sounds so intimidating – getting the sketch to resemble the actual face is no piece of cake. Until of course, it is taught by a brilliant portraiture and abstract artist like Ali Abrar. With a degree in Visual Arts from the National College of Arts, Ali Abrar has over 15 years of teaching experience along with doing his solo and group shows all over the country. He has also been associated with IVS-CEP for six years, teaching the 6-month Diploma in Sketching, Drawing and Painting.

Starting from seeing the main shapes in a face, kids will learn about the shapes, forms and structure of the human head; practice drawing features such as nose, lips, and eyes; do quick sketching using pencil, charcoal and ballpoint. Alongside, they will learn to depict emotions and pick key points of character that make the resemblance come alive. Children will be involved in drawing portraits from reference photographs and then as the final assignment, attempt a self-portrait. This will be a lot of practice with fun, and we can't wait to see the display of students' work on July 8th!

## 19. Stamping & Printing

Stamping is fun and we all know it. But what is printmaking? Discover and learn the skill of both stamping and printmaking by IVS's shining star Abdul. Using a lot of no-cost low-cost and upcycled materials, and under Abdul's tutelage, the kids will create their own ink prints and stamps. They will do etching and use the dry-point technique, along with learning how to add texture effect to the print.

A bit about Abdul is essential to know and get inspired from - Abdul started working at Indus Valley School of Arts & Architecture in 2000 as a canteen server/assistant. Gradually, he was inducted into the Printmaking Department as a technical assistant in 2012, where he continues to work to the present date. Nurtured and encouraged by Printmaking gurus like Nurrayah Nabi, Abdul began to create his own plates and prints in 2014, Since then, he has gone on to have multiple group shows in Pakistan, China and Canada. He presented his first solo show in Karachi in 2018

Learning happens everywhere, and Summer Artrageous engages the most amazing instructors for our students!